

## December 2016

**A** is a former problematic user of Novel Psychoactive Substances (NPS) who has also experienced issues with homelessness. **A** had been in drug treatment services for support around his substance misuse and was discharged and signposted to Double Impact Academy.

From his initial attendance at the Academy Connect group (Oct 2016) client **A** stated that straight away he felt valued and his confidence around other people had started to improve. He says that he felt that there were possibilities and opportunities available within the Academy that he had not had before, this gave him the motivation and belief to get involved in the accredited program. **A** also got involved in the Something for the Weekend peer support group and instantly felt that as well as helping himself he could help others who were not as far down the recovery line as himself. This has confirmed to him that he would in the future like to become a qualified volunteer within the drug treatment system in Lincolnshire.

**A** started the level 1 accredited training in November and has been a regular supportive presence at the weekly peer support group. He has just also completed the Service User Representative training and is keen to get more actively involved with service user involvement locally.

In addition he has recently started attending the Double Impact IT suite where he has computer access and an online computer training package 'Learn my Way' to help meet an identified personal development need to improve his I.T skills.

**A** reports improved confidence and ability to 'deal with things' and has started having more access to his daughter at weekends as well as building friendships with others in recovery.

**A** has expressed an interest in additional training to enable him to facilitate running a Something for the Weekend peer support group in the New Year.

Looking forward **A** has put his name forward to participate in the level 2 qualification starting in January with a view to becoming a qualified Recovery Support Volunteer.

**A** states that his diary is now very busy, and in January he will have a range of activities throughout the week to build a structure and routine that he had originally highlighted as being one of the most important aspects of maintaining his recovery. He speaks passionately about recovery and is ambitious to one day get back into employment.

**A** receives monthly personal development supervision with an Academy staff member.

**A's** recovery journey continues...

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